

## TILLSONBURG HOSPITAL MEALS ON WHEELS LUNCH MENU 2018

WEEK 1	MONDAY LUNCH	TUESDAY LUNCH	WEDNESDAY LUNCH	THURSDAY LUNCH	FRIDAY LUNCH
<b>INCLUDED WITH BOTH</b>	BEEF BARLEY SOUP	VEGETABLE SOUP	LENTIL SOUP	CREAM OF POTATO SOUP	CREAM OF BROCCOLI SOUP
<b>MEAL OPTION 1</b>	SAVOURY CHICKEN THIGH ROASTED POTATOES HARVEST VEGETABLES BROWNIE	BURGUNDY BEEF BUTTERED NOODLES BRUSSELS SPROUTS LEMON CRUNCH SQUARE	HERB BAKED TILAPIA HOME FRIES GLAZED CARROTS MINI RASPBERRY TART	LEMON THYME TURKEY ROASTED POTATOES GARDEN PEAS COCONUT CREAM PIE	SHEPHERD'S PIE PEI VEGETABLES BANANA CAKE
<b>MEAL OPTION 2</b>	CRUSTED COD FILLET ROASTED POTATOES PEAS AND CARROTS APRICOTS	HONEY APPLE PORK MASHED POTATOES BUTTERNUT SQUASH FRUIT COCKTAIL	PASTA PRIMAVERA STEWED TOMATOES GARLIC BREAD BLUEBERRIES	SWEET AND SOUR PORK STEAMED RICE ORIENTAL VEGETABLES MANDARIN ORANGES	BAKED SALMON LOIN RICE PILAF PARSNIPS PEARS
WEEK 2	MONDAY LUNCH	TUESDAY LUNCH	WEDNESDAY LUNCH	THURSDAY LUNCH	FRIDAY LUNCH
<b>INCLUDED WITH BOTH</b>	VEGETABLE SOUP	CHICKEN NOODLE SOUP	LENTIL SOUP	CREAM OF BROCCOLI SOUP	MINISTRONE SOUP
<b>MEAL OPTION 1</b>	BEEF STROGANOFF BUTTERED NOODLES BROCCOLI FLORETS DATE SQUARE	PORK CHOP WITH BBQ SAUCE BAKED POTATO HARVEST PEARL VEG MIX CHOCOLATE CAKE	BAKED CHICKEN BREAST ROASTED POTATOES BRUSSELS SPROUTS ANGEL CAKE WITH SAUCE	SALISBURY STEAK WHIPPED POTATOES BUTTERNUT SQUASH NANAIMO BAR	BBQ CHICKEN THIGH MASHED POTATOES MIXED VEGETABLES CARROT CAKE
<b>MEAL OPTION 2</b>	TURKEY SCHNITZEL BOILED POTATOES SAUTEED SPINACH MANDARIN ORANGES	BAKED FISH FILLET BAKED POTATO MEXICAN CORN STEWED RHUBARB	FARMER SAUSAGE ROASTED POTATOES WINTER MIX BLEND BAKED APPLE SLICES	PORK ROAST WHIPPED POTATOES WAXED BEANS APRICOTS	CHILI CORNMEAL MUFFIN ASPARAGUS PEACHBERRY COMPOTE
WEEK 3	MONDAY LUNCH	TUESDAY LUNCH	WEDNESDAY LUNCH	THURSDAY LUNCH	FRIDAY LUNCH
<b>INCLUDED WITH BOTH</b>	FRENCH CANADIAN PEA SOUP	CREAM OF ASPARAGUS SOUP	CHICKEN NOODLE SOUP	CREAM OF CELERY SOUP	CHICKEN RICE SOUP
<b>MEAL OPTION 1</b>	DILLED POLLOCK ROASTED POTATOES BUTTERNUT SQUASH RASPBERRY TART	MEATLOAF CHIVE BUTTERED POTATO SUNRISE VEGETABLES TRIPLE BERRY CRUMBLE	HERB ROASTED CHICKEN GARLIC MASHED POTATOES DICED TURNIP BUTTERSCOTCH PUDDING	VIRGINIA BAKED HAM SCALLOPED POTATOES PARSNIPS BANANA CAKE	CRUSTED COD FILLET OVEN ROASTED POTATOES HARVARD BEETS RICE PUDDING
<b>MEAL OPTION 2</b>	BEEF PAPRIKASH STEAMED RICE SUGAR SNAP PEAS MANGO	IRISH STEW TEA BISCUIT ASPARAGUS APRICOTS	HONEY MUSTARD PORK CHOPS GARLIC MASHED POTATOES ORIENTAL VEGETABLES PEARS	SWISS STEAK SCALLOPED POTATOES PEAS AND CARROTS BAKED APPLE SLICES	DICED CHICKEN CACCIATORE OVEN ROASTED POTATOES CAULIFLOWER PEACHBERRY COMPOTE

## TILLSONBURG HOSPITAL MEALS ON WHEELS SUPPER MENU 2018

WEEK 1	MONDAY SUPPER	TUESDAY SUPPER	WEDNESDAY SUPPER	THURSDAY SUPPER	FRIDAY SUPPER
<b>INCLUDED WITH BOTH</b>	MUSHROOM SOUP	CHICKEN NOODLE SOUP	CREAM OF CELERY SOUP	MINESTRONE SOUP	FRENCH CANADIAN PEA SOUP
<b>MEAL OPTION 1</b>	PULLED PORK ON A BUN SPINACH SALAD  PEACHES	CHEESE QUICHE GARDEN BLEND VEGETABLES  STEWED RHUBARB	CHICKEN STRIPS CAESAR SALAD  BAKED APPLE SLICES	EGG SALAD SANDWICH TOSSED SALAD  PINEAPPLE	ROAST BEEF SANDWICH MIXED BEAN SALAD  APRICOTS
<b>MEAL OPTION 2</b>	BEEF MACARONI CASSEROLE GARLIC BREAD GREEN BEANS  BUTTERSCOTCH PUDDING	TURKEY REUBEN ON RYE GARDEN SALAD  HOME BAKED COOKIES	CHEESE AND SPINACH CANNELLONI BROCCOLI FLORETS DINNER ROLL CARROT CAKE	BREAKFAST SAUSAGE MASHED POTATOES CALIFORNIA VEGETABLES  TAPIOCA PUDDING	PEROGIES SAUTEED MUSHROOMS AND ONIONS  BUTTER TART
WEEK 2	MONDAY SUPPER	TUESDAY SUPPER	WEDNESDAY SUPPER	THURSDAY SUPPER	FRIDAY SUPPER
<b>INCLUDED WITH BOTH</b>	BEEF BARLEY SOUP	CREAM OF MUSHROOM SOUP	CHICKEN RICE SOUP	FRENCH CANADIAN PEA SOUP	CREAM OF ASPARAGUS SOUP
<b>MEAL OPTION 1</b>	CHEESE AND ONION QUICHE CARROTS  PEARS	HOT BEEF SANDWICH CALIFORNIA VEGETABLES  TROPICAL FRUIT	MACARONI AND CHEESE STEWED TOMATO  PINEAPPLE TIDBITS	CRISPY BREADED POLLOCK FRENCH FRIES GLAZED CARROTS PEACHES	HAMBURGER ON A BUN TOSSED SALAD  BLUEBERRIES
<b>MEAL OPTION 2</b>	DELI TURKEY SANDWICH MIXED GREEN SALAD  BROWNIE	COTTAGE CHEESE LEMON CRANBERRY MUFFIN MELON MEDLEY BUTTERSCOTCH PUDDING	TUNA SALAD SANDWICH BEET SALAD  CHOCOLATE MOUSSE	PORK ROAST WHIPPED POTATOES WAXED BEANS APRICOTS	CHEESE RAVIOLI GARLIC BREAD CAULIFLOWER LEMON PUDDING
WEEK 3	MONDAY SUPPER	TUESDAY SUPPER	WEDNESDAY SUPPER	THURSDAY SUPPER	FRIDAY SUPPER
<b>INCLUDED WITH BOTH</b>	VEGETABLE SOUP	BEEF NOODLE SOUP	TOMATO SOUP	ITALIAN WEDDING SOUP	CREAM OF BROCCOLI SOUP
<b>MEAL OPTION 1</b>	MONTE CRISTO SANDWICH CARROT RAISIN SALAD  MANDARIN ORANGES	CHICKEN BURGER ON A BUN COLESLAW VINAIGRETTE CRUSHED PINEAPPLE	CRAB CAKES MACARONI SALAD  PEACHES	PASTA PRIMAVERA GARLIC BREAD STEWED TOMATOES TROPICAL FRUIT	OCTOBERFEST SAUSAGE BAKED BEANS TOSSED SALAD HONEYDEW MELON
<b>MEAL OPTION 2</b>	STEAK AND MUSHROOM PIE ROASTED WINTER VEGETABLES CRÈME CARAMEL	BAKED SPANISH OMLETTE WAXED BEANS  VANILLA PUDDING	EGG SALAD SANDWICH CUCUMBER AND ONION SALAD STRAWBERRY MOUSSE	HOT TURKEY SANDWICH ITALIAN VEGETABLES  LEMON PUDDING	HAMBURGER ON A BUN BRUSSELS SPROUTS  CHOCOLATE PUDDING